

Walker Safety Tips

A 4 wheeled walker has the potential to increase your safety if used properly; however, if used improperly it can put you at a higher risk for falling and for potential injury.

Recommendations for Use:

- Always remember to put the brakes on when you are not moving, before sitting down on the walker seat and before sitting down on other furniture.
- Keep the brakes on the walker until you are standing up and facing the walker.
- To lock the brakes, push the handles down.
- The standard walker seat is meant to be used for a rest, you should not be sitting on the walker seat and be rolling yourself or being pushed by someone else.